

2023 Thailand National Figure Skating Championships  
Announcement



Organized by:

Figure & Speed Skating Association of Thailand

30<sup>th</sup> March– 2 April 2023

IWIS International Training Center  
“The ISU Center of Excellence”

5<sup>th</sup> Floor Imperial World Samrong, 999 Sukhumvit Rd,  
Samrong Nuea, Mueang Samut Prakan District, Samut Prakan

## GENERAL REGULATIONS

The 2023 Thailand Figure Skating National Championships will be conducted in accordance with the Figure & Speed Skating Association of Thailand's announced competition rules and regulations.

Figure & Speed Skating Association members with valid of Thai Citizenship who have passed the level 1 or higher level of FSAT Level Test are qualified for the National Championships.

## TECHNICAL DATA

All events as well as all official practices will take place at the IWIS International Training Center, 5<sup>th</sup> Floor, Imperial World Samrong (arena- 60m x 30m).

The IWIS International Training Center is indoor, air-conditioned artificial ice surface rink.

Level 5 (Basic Novice), Level 6 (Intermediate Novice), Level 7 (Advanced Novice), Level 8 (Junior) and Level 9 (Senior) Categories for 2023 Thailand National Championships will be conducted in accordance with the ISU Constitution and General Regulations 2022, the ISU Communication No. 2489 Single & Pair Skating and Ice Dance Guidelines for International Novice Competitions 2022/2023 as well as the pertinent ISU Communications for Senior, Junior, Advanced Novice, Intermediate Novice and Basic Novice **unless any age legitimate clauses.**

### Remarks

- 1. Level 1, Level 2 and Level 3 are to be divided into subgroups.**
- 2. Only Level 5, Level 6 and Level 7 are under age requirements. Two sub groups by age are established.**

#### Level 5

Group 1: has not reached the age of thirteen (13) (Born after July 1, 2010)

Group 2: has reached at least the age of thirteen (13) or above (Born before July 1, 2010)

#### Level 6 and Level 7

Group 1: has not reached the age of fifteen (15) (Born after July 1, 2008)

Group 2: has reached at least the age of fifteen (15) or above (Born before July 1, 2008)

## Technical Elements

### **Level 9:**

#### **Men (Senior Men)**

*Short Program* shall consist of the following required elements;

- a.) Double or Triple Axel Paulsen;
- b.) Triple or quadruple jump;
- c.) Jump combination consisting of a double jump and a triple jump or two triple jumps or a quadruple jump and a double jump or a triple jump;
- d.) Flying spin;
- e.) Camel spin or Sit spin with only one change of foot;
- f.) Spin combination with only one change of foot;
- g.) Step sequence fully utilizing the ice surface.

Duration: 2:40 minutes +/- 10 seconds

In accordance with the ISU Technical Rules Single and Pair Skating 2022, Rule 502, Rule 611, paragraph 1 and 2 and the respective ISU Communication.

#### **Remarks:**

##### **Jumps**

b) For Senior Men any triple or quadruple jump is permitted, when a quadruple jump is executed in c), a different quadruple jump can be included as a solo jump. When the triple Axel Paulsen is executed in a), it cannot be repeated again as a solo jump or in the jump combination.

##### **Jump combinations**

c) For Senior Men the jump combination may consist of the same jump or another double, triple or quadruple jump. When a quadruple jump is executed in b), a different quadruple jump can be included in the jump combination.

If the same jump is executed as a solo jump and as a part of the jump combination, the repeated jump will not be counted (if this repetition is in a jump combination, only the individual jump which is not according to the above requirements will not be counted).

If an extra jump(s) is executed, only the individual jump(s) which is not according to requirements will have no value. The jumps are considered in the order of execution.

##### **Spins**

Spin in one position and spin combination: if there is no spin position before and/or after the change of foot with at least three (3) revolutions, the spin is not according to the requirements and no value will be given.

Except flying spins, spins cannot be commenced with a jump.

d) Flying spin:

Any type of flying spin is permitted with landing position different than in the Spin in one position. A step over must be considered by the Judges in the Grade of Execution. A minimum of eight (8) revolutions in the landing position which may be different from the flying position. No previous rotation on the ice before the take-off is permitted. The required eight (8) revolutions can be executed in any variation of the landing position.

e) Spin in one position:

Men - spin with only one change of foot:

Senior: The Competitor must choose the camel position or the sit position to be executed, but this position must be different from the landing position of the Flying spin. The spin must consist of only one change of foot, which may be executed in the form of a step over or a jump with not less than six (6) revolutions on each foot.

For Men: If the landing position of the Flying spin is the same that in the Spin in one position, the last performed of these two spins will not be counted, but will occupy a spin box.

f) Spin combination:

The spin combination must include only one change of foot with not less than six (6) revolutions on each foot. A change of foot may be executed in the form of a step over or a jump. The change of foot and the change of position may be made either at the same time or separately. See general requirements for a spin combination in Rule 610.

### **Step Sequences**

Step sequences may include any unlisted jumps.

### *Free Skating*

A well balanced Free Skating program for Men must contain:

- a.) Maximum of 7 jump elements (one of which must be an Axel type jump);
- b.) Maximum of 3 Spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position;
- c.) Maximum of 1 step sequence;
- d.) Maximum of 1 choreographic sequence.

Duration: 4 minutes, +/- 10 seconds

In accordance with the ISU Technical Rules Single and Pair Skating 2022, Rule 502, Rule 612 and the respective ISU Communication.

**Remarks:**

For all singles Free Programs the following will apply:

**Individual Jumps**

Individual jumps can contain any number of revolutions.

**Jump Combinations**

In a jump combination the landing foot of a jump is the take-off foot of the next jump. One full revolution on the ice between the jumps (free foot can touch the ice, but no weight transfer) keeps the element in the frame of the definition of a jump combination. An Euler (half-loop) when used in combinations between two listed jumps becomes a listed jump with the value indicated in the Scale of Value. If the first jump of a two-jump-combination fails to be successful and turns out as a “non-listed jump”, the unit will still be considered as a jump combination.

**Jump Sequences**

A jump sequence consists of two or three jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump in to the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

**Repetitions**

Any double jump (including double Axel) cannot be included more than twice in a Single’s Free Program (as a Solo Jump or a part of a Jump Combination / Sequence). Of all triple and quadruple jumps only two (2) can be executed twice. Of the two repetitions only one (1) can be a quadruple jump. If at least one of these executions is in a Jump Combination/ Sequence, both executions are attributed their full numerical value according to the Scale of Value and calculation process described in Rule 353, 1.h) i) and ii. If both executions are as solo jumps, the second of these solo jumps will be attributed 70% of its numerical value according to the Scale of Value. Triple and quadruple jumps with the same name will be considered as two different jumps.

No triple jump or quadruple jump can be attempted more than twice.

**Extra jumps and jump elements**

If an extra jump(s) is executed only the individual jump which is not according to the requirements will have no value. The jumps are considered in the order of execution.

## **Spins**

All Spins must be of a different character. Any Spin with the same character (abbreviation) as the one executed before will be deleted (but will occupy a spinning box).

The spins must have a required minimum number of revolutions: six (6) for the flying spin and the spin with only one position and ten (10) for the spin combination, the lack of which must be reflected by Judges in their marking. These minimum numbers of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in Spins in one position and Flying spins). In the spin combination and spin in one position the change of foot is optional.

## **Steps**

The Competitors have complete freedom in selecting the kind of step sequence they intend to execute. Jumps can also be included in the step sequence. However the step sequence must fully utilize the ice surface. Step sequences too short and barely visible cannot be considered as meeting the requirements of a step sequence.

## **Choreographic Sequences**

A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, any jumps with maximum of 2 revolutions, spins, etc. Listed elements included in the Choreographic Sequence will not be called and will not occupy a box. The pattern is not restricted, but the sequence must be clearly visible.

The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence. This element has a fixed base value and will be evaluated by the judges in GOE only.

## **Women (Senior Women)**

*Short Program* shall consist of the following required elements;

- a) Double or Triple Axel Paulsen;
- b) Triple jump;
- c) Jump combination consisting of a double jump and a triple jump or two triple jumps;
- d) Flying spin;
- e) Layback/sideways leaning spin or Sit or Camel spin without change of foot;
- f) Spin combination with only one change of foot;
- g) Step sequence fully utilizing the ice surface.

Duration: 2:40 minutes, +/- 10 seconds

In accordance with the ISU Technical Rules Single and Pair Skating 2022, Rule 502, Rule 611, paragraph 1 and 2 and the respective ISU Communication.

**Remarks:**

**Jumps**

For Senior Women, when the triple Axel Paulsen is executed in a), it cannot be repeated again as a solo jump or in the jump combination. For Senior Women, any triple jump is permitted.

**Jump combinations**

c) For Senior Women, the jump combination may consist of the same jump or another double or triple jump. However, for all categories the jumps included must be different than the solo jump.

If the same jump is executed as a solo jump and as a part of the jump combination, the repeated jump will not be counted (if this repetition is in a jump combination, only the individual jump which is not according to the above requirements will not be counted).

If an extra jump(s) is executed, only the individual jump(s) which is not according to requirements will have no value. The jumps are considered in the order of execution.

**Spins**

Spin in one position and spin combination: if there is no spin position before and/or after the change of foot with at least three (3) revolutions, the spin is not according to the requirements and no value will be given. Except flying spins, spins cannot be commenced with a jump.

d) Flying spin:

Senior: Any type of flying spin is permitted with landing position different than in the Spin in one position. A step over must be considered by the Judges in the Grade of Execution. A minimum of eight (8) revolutions in the landing position which may be different from the flying position. No previous rotation on the ice before the take-off is permitted. The required eight (8) revolutions can be executed in any variation of the landing position.

e) Spin in one position:

Senior: The Competitor must choose the camel position or the sit position to be executed, but this position must be different from the landing position of the Flying spin. The spin must consist of only one change of foot, which may be executed in the form of a step over or a jump with not less than six (6) revolutions on each foot.

e) Women - layback or sideways leaning spin:

Any position is permitted, as long as the basic layback or sideways leaning position is maintained for eight (8) revolutions without rising to an upright position. After the required 8 revolutions it is possible to execute the Biellman position. Change of foot is not allowed.

Women - Spin in one position without change of foot: Any variation(s) of the chosen position can be executed. Minimum of eight (8) revolutions in this position.

If the landing position of the Flying spin is the same that in the Spin in one position, the last performed of these two spins will not be counted, but will occupy a spin box.

f) Spin combination:

The spin combination must include only one change of foot with not less than six (6) revolutions on each foot. A change of foot may be executed in the form of a step over or a jump. The change of foot and the change of position may be made either at the same time or separately. See general requirements for a spin combination in Rule 610.

### **Step Sequences**

Step sequences may include any unlisted jumps.

#### *Free Skating*

A well balanced Free Skating program for Women must contain:

- a.) Maximum of 7 jump elements (one of which must be an Axel type jump);
- b.) Maximum of 3 Spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position;
- c.) Maximum of 1 step sequence;
- d.) Maximum of 1 choreographic sequence.

Duration: 4 minutes, +/- 10 seconds

In accordance with the ISU Technical Rules Single and Pair Skating 2022, Rule 502, Rule 612 and the respective ISU Communication.

### **Remarks:**

For all singles Free Programs the following will apply:

### **Individual Jumps**

Individual jumps can contain any number of revolutions.

### **Jump Combinations**

In a jump combination the landing foot of a jump is the take-off foot of the next jump. One full revolution on the ice between the jumps (free foot can touch the ice, but no weight transfer) keeps the element in the frame of the definition of a jump combination. An Euler (half-loop) when used in combinations between two listed jumps becomes a listed jump with the value indicated in the Scale of Value. If the first jump of a two-jump-combination fails to be successful and turns out as a “non-listed jump”, the unit will still be considered as a jump combination.



## **Jump Sequences**

A jump sequence consists of two or three jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump in to the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

## **Repetitions**

Any double jump (including double Axel) cannot be included more than twice in a Single's Free Program (as a Solo Jump or a part of a Jump Combination / Sequence). Of all triple and quadruple jumps only two (2) can be executed twice. Of the two repetitions only one (1) can be a quadruple jump. If at least one of these executions is in a Jump Combination/ Sequence, both executions are attributed their full numerical value according to the Scale of Value and calculation process described in Rule 353, 1.h) i) and ii. If both executions are as solo jumps, the second of these solo jumps will be attributed 70% of its numerical value according to the Scale of Value. Triple and quadruple jumps with the same name will be considered as two different jumps. No triple jump or quadruple jump can be attempted more than twice.

## **Extra jumps and jump elements**

If an extra jump(s) is executed only the individual jump which is not according to the requirements will have no value. The jumps are considered in the order of execution.

## **Spins**

All Spins must be of a different character. Any Spin with the same character (abbreviation) as the one executed before will be deleted (but will occupy a spinning box).

The spins must have a required minimum number of revolutions: six (6) for the flying spin and the spin with only one position and ten (10) for the spin combination, the lack of which must be reflected by Judges in their marking. These minimum numbers of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in Spins in one position and Flying spins). In the spin combination and spin in one position the change of foot is optional.

## **Steps**

The Competitors have complete freedom in selecting the kind of step sequence they intend to execute. Jumps can also be included in the step sequence. However the step sequence must fully utilize the ice surface. Step sequences too short and barely visible cannot be considered as meeting the requirements of a step sequence.

## **Choreographic Sequences**

A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, any jumps with maximum of 2 revolutions, spins, etc. Listed elements included in the Choreographic Sequence will not be called and will not occupy a box. The pattern is not restricted, but the sequence must be clearly visible.

The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence. This element has a fixed base value and will be evaluated by the judges in GOE only.

### **Level 8:**

#### **Men (Junior Men)**

##### *Short Program:*

In accordance with the ISU Technical Rules Single and Pair Skating 2022, Rule 502, Rule 611 and the respective ISU Communication.

2023-2024

- a) Double or triple Axel Paulsen;
- b) Double or triple Lutz jump;
- c) Jump combination consisting of a double and a triple jump or two triple jumps;
- d) Flying Sit spin;
- e) Camel spin with only one change of foot;
- f) Spin combination with only one change of foot;
- g) Step sequence fully utilizing the ice surface.

Duration: 2.40 minutes, +/- 10seconds

#### **Remarks:**

##### **Jumps**

For Junior Men when the triple Axel Paulsen is executed in a), it cannot be repeated again as a solo jump or in the jump combination. For Junior Men only the prescribed double or triple jump is permitted.

##### **Jump combinations**

For Junior Men, the jump combination may consist of the same jump or another double or triple jump. However, for all categories the jumps included must be different than the solo jump.

If the same jump is executed as a solo jump and as a part of the jump combination, the repeated jump will not be counted (if this repetition is in a jump combination, only the individual jump which is not according to the above requirements will not be counted).

If an extra jump(s) is executed, only the individual jump(s) which is not according to requirements will have no value. The jumps are considered in the order of execution.

### **Spins**

Spin in one position and spin combination: if there is no spin position before and/or after the change of foot with at least three (3) revolutions, the spin is not according to the requirements and no value will be given. Except flying spins, spins cannot be commenced with a jump.

#### d) Flying spin:

Junior: Only the prescribed type of flying spin is permitted. A step over must be considered by the Judges in the Grade of Execution. A minimum of eight (8) revolutions in the landing position which may be different from the flying position. No previous rotation on the ice before the take-off is permitted. The required eight (8) revolutions can be executed in any variation of the landing position.

#### e) Spin in one position:

Men - spin with only one change of foot. Only the prescribed sit or camel position is permitted to be executed. The spin must consist of only one change of foot, which may be executed in the form of a step over or a jump with not less than six (6) revolutions on each foot.

If the landing position of the Flying spin is the same that in the Spin in one position, the last performed of these two spins will not be counted, but will occupy a spin box.

#### f) Spin combination:

The spin combination must include only one change of foot with not less than six (6) revolutions on each foot. A change of foot may be executed in the form of a step over or a jump. The change of foot and the change of position may be made either at the same time or separately. See general requirements for a spin combination in Rule 610.

### **Step Sequences**

Step sequences may include any unlisted jumps.

### *Free Skating:*

A well balanced Free Skating program for Men must contain

- a.) Maximum of 7 jump elements (one of which must be an Axel type jump)
- b.) Maximum of 3 spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position
- c.) Maximum of one choreographic sequence.

Duration: 3:30 minutes, +/- 10 seconds

In accordance with the ISU Technical Rules Single and Pair Skating 2022, Rule 502, Rule 612 and the respective ISU Communication.

Special attention should be paid to the “well-balanced-Program” and the element values.

### **Remarks:**

For all singles Free Programs the following will apply:

### **Individual Jumps**

Individual jumps can contain any number of revolutions.

### **Jump Combinations**

In a jump combination the landing foot of a jump is the take-off foot of the next jump. One full revolution on the ice between the jumps (free foot can touch the ice, but no weight transfer) keeps the element in the frame of the definition of a jump combination. An Euler (half-loop) when used in combinations between two listed jumps becomes a listed jump with the value indicated in the Scale of Value. If the first jump of a two-jump-combination fails to be successful and turns out as a “non-listed jump”, the unit will still be considered as a jump combination.

### **Jump Sequences**

A jump sequence consists of two or three jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump in to the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

### **Repetitions**

Any double jump (including double Axel) cannot be included more than twice in a Single’s Free Program (as a Solo Jump or a part of a Jump Combination / Sequence). Of all triple and quadruple jumps only two (2) can be executed twice. Of the two repetitions only one (1) can be a quadruple jump. If at least one of these executions is in a Jump Combination/ Sequence,

both executions are attributed their full numerical value according to the Scale of Value and calculation process described in Rule 353, 1.h i) and ii. If both executions are as solo jumps, the second of these solo jumps will be attributed 70% of its numerical value according to the Scale of Value. Triple and quadruple jumps with the same name will be considered as two different jumps. No triple jump or quadruple jump can be attempted more than twice.

### **Extra jumps and jump elements:**

If an extra jump(s) is executed only the individual jump which is not according to the requirements will have no value. The jumps are considered in the order of execution.

### **Spins**

All Spins must be of a different character. Any Spin with the same character (abbreviation) as the one executed before will be deleted (but will occupy a spinning box).

The spins must have a required minimum number of revolutions: six (6) for the flying spin and the spin with only one position and ten (10) for the spin combination, the lack of which must be reflected by Judges in their marking. These minimum numbers of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in Spins in one position and Flying spins). In the spin combination and spin in one position the change of foot is optional.

### **Steps**

The Competitors have complete freedom in selecting the kind of step sequence they intend to execute. Jumps can also be included in the step sequence. However the step sequence must fully utilize the ice surface. Step sequences too short and barely visible cannot be considered as meeting the requirements of a step sequence.

### **Women (Junior Women)**

#### *Short Program:*

In accordance with the ISU Technical Rules Single and Pair Skating 2022, Rule 502 Rule 611 and the respective ISU Communication.

2023-2024

- a) Double Axel Paulsen;
- b) Double or triple Lutz jump;
- c) Jump combination consisting of two double jumps or one double and one triple jump or two triple jumps;
- d) Flying sit spin;
- e) Layback / sideways leaning spin or Camel spin without change of foot;
- f) Spin combination with only one change of foot;
- g) Step sequence fully utilizing the ice surface.

Duration: 2:40 minutes, +/- 10 seconds

**Remarks:****Jumps**

For Junior Women only the prescribed double or triple jump is permitted.

**Jump combinations**

For Junior Women the jump combination may consist of the same jump or another double or triple jump. However, for all categories the jumps included must be different than the solo jump.

If the same jump is executed as a solo jump and as a part of the jump combination, the repeated jump will not be counted (if this repetition is in a jump combination, only the individual jump which is not according to the above requirements will not be counted).

If an extra jump(s) is executed, only the individual jump(s) which is not according to requirements will have no value. The jumps are considered in the order of execution.

**Spins**

Spin in one position and spin combination: if there is no spin position before and/or after the change of foot with at least three (3) revolutions, the spin is not according to the requirements and no value will be given. Except flying spins, spins cannot be commenced with a jump.

**d) Flying spin:**

Junior: Only the prescribed type of flying spin is permitted. A step over must be considered by the Judges in the Grade of Execution. A minimum of eight (8) revolutions in the landing position which may be different from the flying position. No previous rotation on the ice before the take-off is permitted. The required eight (8) revolutions can be executed in any variation of the landing position.

**e) Women - layback or sideways leaning spin:**

Any position is permitted, as long as the basic layback or sideways leaning position is maintained for eight (8) revolutions without rising to an upright position. After the required 8 revolutions it is possible to execute the Biellmann position. Change of foot is not allowed.

Women - Spin in one position without change of foot: Any variation(s) of the chosen position can be executed. Minimum of eight (8) revolutions in this position.

For Women: If the landing position of the Flying spin is the same that in the Spin in one position, the last performed of these two spins will not be counted, but will occupy a spin box.

f) Spin combination:

The spin combination must include only one change of foot with not less than six (6) revolutions on each foot. A change of foot may be executed in the form of a step over or a jump. The change of foot and the change of position may be made either at the same time or separately. See general requirements for a spin combination in Rule 610.

### **Step Sequences**

Step sequences may include any unlisted jumps.

*Free Skating:*

A well balanced Free Skating program for Junior Women must contain

- a.) Maximum of 7 jump elements (one of which must be an Axel type jump)
- b.) Maximum of 3 spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position
- c.) Maximum of one choreographic sequence.

Duration: 3:30minutes, +/- 10 seconds

In accordance with the ISU Technical Rules Single and Pair Skating 2022, Rule 502, Rule 612 and the respective ISU Communication.

Special attention should be paid to the “well-balanced-Program” and the element values.

### **Remarks:**

For all singles Free Programs the following will apply:

### **Individual Jumps**

Individual jumps can contain any number of revolutions.

### **Jump Combinations**

In a jump combination the landing foot of a jump is the take-off foot of the next jump. One full revolution on the ice between the jumps (free foot can touch the ice, but no weight transfer) keeps the element in the frame of the definition of a jump combination. An Euler (half-loop) when used in combinations between two listed jumps becomes a listed jump with the value indicated in the Scale of Value. If the first jump of a two-jump-combination fails to be successful and turns out as a “non-listed jump”, the unit will still be considered as a jump combination.

## **Jump Sequences**

A jump sequence consists of two or three jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump in to the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

## **Repetitions:**

Any double jump (including double Axel) cannot be included more than twice in a Single's Free Program (as a Solo Jump or a part of a Jump Combination / Sequence). Of all triple and quadruple jumps only two (2) can be executed twice. Of the two repetitions only one (1) can be a quadruple jump. If at least one of these executions is in a Jump Combination/ Sequence, both executions are attributed their full numerical value according to the Scale of Value and calculation process described in Rule 353, 1.h) i) and ii) If both executions are as solo jumps, the second of these solo jumps will be attributed 70% of its numerical value according to the Scale of Value. Triple and quadruple jumps with the same name will be considered as two different jumps. No triple jump or quadruple jump can be attempted more than twice.

## **Extra jumps and jump elements:**

If an extra jump(s) is executed only the individual jump which is not according to the requirements will have no value. The jumps are considered in the order of execution.

## **Spins**

All Spins must be of a different character. Any Spin with the same character (abbreviation) as the one executed before will be deleted (but will occupy a spinning box).

The spins must have a required minimum number of revolutions: six (6) for the flying spin and the spin with only one position and ten (10) for the spin combination, the lack of which must be reflected by Judges in their marking. These minimum numbers of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in Spins in one position and Flying spins). In the spin combination and spin in one position the change of foot is optional.

## **Steps**

The Competitors have complete freedom in selecting the kind of step sequence they intend to execute. Jumps can also be included in the step sequence. However the step sequence must fully utilize the ice surface. Step sequences too short and barely visible cannot be considered as meeting the requirements of a step sequence.



## **Level 7: Advanced Novice**

Requirements according to the ISU Technical Rules Single & Pair Skating 2022, ISU Communication 2489 and all respective ISU Communications.

### **Boys**

The Short Program for Boys' Single Skating shall consist of the following elements:

- a.) Single Axel Paulsen or double Axel Paulsen
- b.) Double or triple jump, may not repeat jump a)
- c.) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump a) or b)
- d.) **Sit spin** (minimum of five (5) revolutions on each foot) with change of foot and no flying entrance (for season 2022-23).
- e.) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed.
- f.) One step sequence fully utilizing the ice surface.

### **Girls**

The Short Program for Girls' Single Skating shall consist of the following elements:

- a.) Single Axel Paulsen or double Axel Paulsen
- b.) Double or triple jump, may not repeat jump a)
- c.) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump a) or b)
- d.) Layback/sideways leaning spin or **sit spin** in one basic position with no change of foot (minimum six (6) revolutions) and no flying entrance (for season 2022-23).
- e.) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed.
- f.) One step sequence fully utilizing the ice surface.

Jumps not according to Short Program requirements (wrong number of revolutions) will receive no value. If the same jump is executed as a solo jump and as a part of the jump combination, the repeated jump will not be counted (if this repetition is in a jump combination, only the individual jump which is not according to the above requirements will not be counted).

Duration: 2:20 minutes, +/-10 seconds.

## Boys and Girls

A well balanced Free Skating program for Singles Boys and Girls must contain:

- a) Maximum of 6 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. One jump combination or jump sequence can consist of up to three (3) jumps, the other up to two (2) jumps. A jump sequence consists of two or three jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump in to the take- off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value. Only two triple jumps can be repeated either in a jump combination or jump sequence No quadruple jumps are allowed. Any single, double (including Double Axel) or triple jump cannot be executed more than twice in total.
- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with change of foot (minimum eight (8) revolutions), flying entrance is not allowed and one must be a flying spin (minimum six (6) revolutions) or a spin in one position with change of foot and a flying entrance (minimum eight (8) revolutions).
- c) There must be a maximum of one (1) step sequence fully utilizing the ice surface.

Duration: 3:00 minutes, +/-10 seconds

### Bonus for Advanced Novice Single Skating

Skaters can earn bonus points for jumps that are achieved in Short Program and/or Free Skating. To be eligible for bonus points, jumps must be fully rotated or landed on the quarter (q) and must be in accordance with the Short Program requirements respectively the well balanced Free Skating program and the repetition rules for jumps. Jumps can be performed as a solo jump, or in jump combination or jump sequence. Jumps that are identified by the Technical Panels as under-rotated (<), downgraded (<<), with wrong edge (e) or have a fall or being identified as invalid element (\*) are not eligible to receive bonus points.

#### • Short Program:

In the Short Program a maximum of two (2) bonus points can be achieved: one (1) bonus point for one (1) Double Axel and one (1) bonus point for one (1) triple jump

#### • Free Skating:

In the Free Skating Program, a maximum of three (3) bonus points can be achieved: one (1) bonus point for one (1) Double Axel and one (1) bonus point each for any two (2) different Triple jumps

In case of jump combinations or jump sequences, all jumps eligible for a bonus point in accordance with the above regulations and limitations can receive bonus points. The Technical Panel will decide upon the bonus points and add them respecting the above regulations and limitations to the respective jump element(s).

The Technical Controller will advise the Data Operator to add the bonus point at the end of the jump by using the respective “Bonus” button on the Data Operators screen (i.e. 2Ab, 3Lzqb+3Tb) during the review process. The bonus will be assigned to the first two jumps in Short Program and to the first three jumps in Free Skating that fulfill the requirements in order of their execution.

In accordance with ISU Rule 353 (ISU Judging System - determination and publication of results) paragraph 1. (Basic Principles of Calculation) and respective subparagraph f), the panel's score for each Section/Element is determined by adding the trimmed mean GOE of this Section/Element to its Base Value. The bonus points are added in addition and will determine the panel's score for jump elements where the Technical Panel identifies such bonus points (Base Value + GOE + Bonus Point(s) = Score of Panel).

**Levels explanations:**

For Advanced Novice Single Skating, in all elements that are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is

- a.) Short Program
  - for girls 1.07
  - for boys 1.20
- b.) Free Skating
  - for girls 2.13
  - for boys 2.40

## **Level 6: Intermediate Novice**

Requirements according to the ISU Technical Rules Single & Pair Skating 2022, ISU Communication 2489 and all respective ISU Communications.

### **Boys and Girls**

A well balanced Free Skating program for Single Skating must contain:

- a) Maximum of 5 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of only two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump in to the take- off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value. No triple and quadruple jumps are allowed. Only one single jump and one double jump (including Double Axel) can be repeated once.
- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. The spin in one position with a change of foot minimum of eight (8) revolutions or spin in one position without change of foot minimum of six (6) revolutions. In both spins flying entries are allowed.
- c) There must be a maximum of one (1) step sequence fully utilizing the ice surface.

### **Levels explanations:**

For Intermediate Novice Singles, in all elements that are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for Program Components is

- for Girls 1.7
- for Boys 2.0

Duration: 3:00 minutes, +/- 10 seconds

## Level 5: Basic Novice

Requirements according to the ISU Technical Rules Single & Pair Skating 2022, ISU Communication 2489 and all respective ISU Communications.

A well balanced Free Skating program for Single Skating must contain:

- a) Maximum of 4 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump in to the take- off curve of the Axel jump. 3 One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value. No triple and quadruple jumps are allowed. Only one single jump and one double jump (including Double Axel) can be repeated once.
- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. The spin in one position with a change of foot minimum of eight (8) revolutions or spin in one position without change of foot minimum of six (6) revolutions. In both spins flying entries are allowed.
- c) There must be a maximum of one (1) step sequence fully utilizing the ice surface.

**Levels explanations:** For Basic Novice Singles, in all elements that are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.67

Duration: 2:30 minutes, +/- 10 second

Deductions for Falls\* for Novice ( Level 5 - 7 )

- per fall: 0.5 -

\* A Fall is defined as loss of control by a Skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades e.g. hand(s), knee(s), buttock(s), or any part of the arm (Rule 503, paragraph 1)

## **Level 4**

### *Free Skating (Boys & Girls)*

- a.) Maximum 5 jump elements, one of which must be Single Axel Paulsen. There may be up to two (2) jump combination or sequences (only one can contain 3 jumps). The Solo jump must not repeat.
- b.) There must be a maximum of two (2) spins of different nature, one must be a Spin combination without change of foot (minimum of six (6) revolutions) and one must be a Spin in one position without change of foot (minimum of four (4) revolutions). In both spins flying entries are not allowed.
- c.) One Step sequence with full utilization of the ice surface

Duration: 2:30 minutes, +/-10 seconds

## **Level 3**

### *Free Skating (Boys & Girls)*

- a.) Maximum 4 jump elements. There may be up to two (2) jump combination or sequences (only one can contain 3 jumps). The Solo jump must not repeat.
- b.) There must be a maximum of two (2) spins of different nature minimum of four (4) revolutions (without change of foot); one must be a Sit spin. In both spins flying entries are not allowed.
- c.) One Step sequence (must have a half utilizing the ice surface)

Duration: 2:00 minutes, +/-10 seconds

## **Level 2**

### *Free Skating (Boys & Girls)*

- a.) Maximum 4 jump elements.
  - Single Salchow,
  - Single Toeloop,
  - Single Loop
  - One(1) jump combination or sequences (can contain 3 jumps)
- b.) There must be a maximum of two (2) spins of different nature (minimum of four (4) revolutions) (without change of foot). In both spins flying entries are not allowed.
- c.) One Choreographic sequence (a forward spiral change to backward spiral position with change of foot and held at least three (3) seconds on each foot)

Duration: 1:30 minutes, +/-10 seconds

## **Level 1**

### *Free Skating (Boys & Girls)*

- a.) Maximum of 3 jump elements
  - Waltz jump
  - Single Salchow
  - Single Toeloop
- b.) There must be a maximum of one (1) spin element (only one position spin minimum of 4 revolutions)
- c.) One Choreographic sequence (a forward spiral position with change of foot and held at least three (3) seconds on each foot.

Duration: 1:30 minutes, +/-10 seconds

### **Levels explanations:**

For Level 3-4, in all elements which are subject to Levels, only features up to **Level 1** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

**Remark:** *For Level 1-3, Double jump elements are not allowed.*

### **Level 1-4:**

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

### **Factors for Level 1-4 Program Components are:**

Free Skating: Boy and Girl = 2.5

Fall Deduction -0.5

## **ENTRIES**

All members of FSAT can enter as competitors on the official entry forms. Entry forms listing Competitors must be sent by fax, e-mail, by hand to:

### **Figure and Speed Skating Association of Thailand (FSAT)**

Fax: +6621867555

E-mail: fsat@windowslive.com

By hand: IWIS International Training Center, 5<sup>th</sup> Floor, Imperial World Samrong

All entry forms must be submitted to the Organizing Committee no later than **March 6<sup>th</sup>, 2023**.

## **JUDGES**

FSAT would nominate three international or national judges and a referee for all events in Senior/Junior and Novice Level. Other Groups shall contain a minimum of one international judge and other FSAT-endorsed national judges. Each panel of Judges will consist of a minimum of 3 judges, if possible.

## **ENTRY FEE**

The entry fee for all level is 4,000 Baht

## **PRACTICE**

Official practices for Competitors begin on **March 30<sup>th</sup>, 2023**. The detailed schedule will be issued later.

## **MUSIC**

Competitor's music shall be submitted as direct attachment to an email to the Organizing Committee (musicfsat@hotmail.com).

- a.) Each submission shall be labeled with the competitor's level of skating, name of the category, segment and name of the competitor.  
Example: 9\_Men\_SP\_Name-Surname, 9\_Women\_FS\_Name-Surname
- b.) The music files must be sent as WAV or MP3 file formats.
- c.) The exact running time of the music (not skating time) shall be communicated to the Organizing Committee when submitting the music and shall be certified by the Competitor or Coach at the time of registration.
- d.) Each competitor must provide a back-up drive (USB Stick or CD) for each program.



All music used for competitive events must be played on high quality electronic recorders, e.g. MP3 Player or similar, computer or CD player, one or two which shall be used during the competition. The organizer shall furnish, for each rink used for the competition and practice, adequate facilities for the reproduction and playback of music. The facilities to be provided by the organizer must be set forth in the Announcement of the Competition.

Precaution must be taken to prevent frequency and/or voltage variations.

The volume level of the music as determined by the Medical Commission in either the practice or competition rinks must not exceed 85-90-dB Sound Pressure Level in any part of the arena.

The Vocal Music with Lyrics **is permitted** for both Short Program and Free Skating.

### **ARRIVAL OF PARTICIPANTS AND TRANSPORT**

The Organizing Committee will not provide any transportation for any participants, except for international judges and other FSAT guests of honor.

### **REGISTRATION AND ACCREDITATION**

All Judges, Competitors and other relevant Associates are requested to register at the official entry registration at the IWIS International Training Center 5<sup>th</sup> Floor, Imperial World Samrong starting on **March 30<sup>th</sup>, 2023**

Prior to this date, the Registration will be located at FSAT Headquarter at Sport Authority of Thailand, 286 Ramkhamhaeng Road, Huamak, Bangkok, Bangkok 10240.

Please contact officials at +66 (0) 2 186 7555

*All skaters may be required to present their valid Thai passport or Thai birth certificate or Thai National ID, or any other valid official Thai ID with photo and birth date prior to receiving accreditation.*

### **RESULTS AND PRESENTATION OF AWARDS**

The top three skaters with best costume in Level 1-3 will be awarded a best costume trophy. The top three skaters in all levels will be awarded medals and the highest score of overall group will be awarded a trophy. All skaters will be awarded participation certificates.

## **LIABILITY & INSURANCE**

According to ISU Rule 119, the Organizing Committee and FSAT accepts no liability for bodily or personal injury, or for property loss or damage incurred by competitors and officials. Each competitors and officials is expected to provide own insurance protection. The Organizing committee will provide emergency medical services for all invited officials and competitors during the competition period.

## **INFORMATION**

For further information, please contact:

**Figure and Speed Skating Association of Thailand**

286 Ramkhamhaeng Road, Huamak, Bangkok, Bangkok 10240

Tel: + 66 (0) 2 186 7555

Tel/Fax: + 66 (0) 2 186 7555

E-mail: [fsat@windowslive.com](mailto:fsat@windowslive.com)