

ISU FOUR CONTINENTS
**SHORT TRACK
SPEED SKATING
CHAMPIONSHIPS**

CHAMPIONNATS **ISU**
**DES QUATRE CONTINENTS
DE PATINAGE DE VITESSE
COURTE PISTE**

Montréal 2020



MONTREAL, CAN
10-12 JANUARY, 2020


ANNOUNCEMENT

Hosted by

Institutional Partners



The International Skating Union, Speed Skating Canada and the Organizing Committee have the honor and pleasure to invite you to the:

 **Four Continents Short Track Speed Skating Championships® 2020**
January 10-12, 2020
to be held at the Maurice Richard Arena
Montréal, Canada

General Regulations

The ISU Four Continents Short Track Speed Skating Championships® 2020 will be conducted in accordance with the 2018 ISU Regulations and relevant Communications. Participation is open to all ISU Members. Entries must be made only through the respective ISU Members (Rule 131).

Distances

Individual 1500, 500, 1000, 3000 meters Ladies and Men
Relay 3000 meters Ladies, 5000 meters Men

Program

The below program is subject to change depending on the final entry of Skaters

Thursday, January 9	9:00	Official Training
	19:30	Opening Meeting
Friday, January 10	TBA	Official Opening
	TBA	Qualifying Rounds 1500, 500, 1000 meters Ladies & Men
Saturday, January 11	TBA	Ranking Finals 1500, 500 meters Ladies & Men
	13:50	Opening Ceremony
	14:02	Semi-Finals & Finals 1500 meters Ladies & Men
		Quarter-Finals, Semi-Finals & Finals 500 meters Ladies & Men
		Semi-Finals 3000 meters Relay Ladies
		Semi-Finals 5000 meters Relay Men
		Awards Ceremony
Sunday, January 12	TBA	Ranking Finals 1000 meters Ladies & Men
	14:02	Quarter-Finals, Semi-Finals & Finals 1000 meters Ladies & Men
		Super-Finals 3000 meters Ladies & Men
		Finals 3000 meters Relay Ladies
		Finals 5000 meters Relay Men
		Awards Ceremony
	19:30	Closing Party

Track Conditions

The Maurice-Richard Arena has an artificially refrigerated indoor ice surface of 60 x 30 meters. Protective padding covers the boards in accordance with Rule 280, paragraph 5 and ISU Communication No. 2128. The standard track will be laid out 111.12 meters to the lap.

Entries

a) Entries can only be made using the ISU Online Entry System for Short Track Speed Skating on www.isu.org, section Short Track Speed Skating.

b) Entries with the number of Competitors, substitutes, coaches & team leader and requirements of accommodation must be submitted by **Tuesday, November 26, 2019** (Rule 295, paragraph 4).

ISU Members failing to comply in time with these requirements will receive no support from the Organizing Member for:

- Hotel booking;
- Travel arrangements between airport and hotel;
- Travel arrangements between hotel and ice rink;
- Access to Closing Banquet (if held);
- Preferred times for additional training sessions.

All these costs and any additional costs incurred will be for the full account of the ISU Members concerned.

c) Final Entries must reach the Organizing Committee using the Online Entry System at the latest by 20:00 hrs (local time) on **Sunday, January 5, 2020** (Rule 295, paragraph 4), and the following information must be communicated to the Organizing Committee:

- Names of the Competitors and substitutes per category with their International Registration Numbers;
- Names of the Competitors for each of the respective individual distances;
- Confirmation of participation in the Relay.

Final Entries that do not comply with these requirements are considered Post Entries. See Rule 115.

d) Competitors must be present in Montréal at the latest at 18:00 hours on Thursday, January 9, 2020 or the Organizing Committee must receive documented proof that the competitors are in transit and will arrive in due time for the Championships. Competitors who do not comply with these requirements will be excluded

e) Please note that for all persons entered by the ISU Members, the procedures regarding the Declaration for Competitors and Officials (all team Officials requiring an accreditation) entering ISU Events (Rule 131) as outlined in ISU Communication No. 1628 need to be strictly observed.

For more details please refer to Rules 115, 131 and ISU Communication Nos. 1628 and 1797 or any update of this Communication.

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2030, all Skaters who do not have the nationality of the ISU Member by which they have been entered or who, although having such nationality, have in the past represented another ISU Member, must produce an ISU Clearance Certificate.

Individual Entries

Each ISU Member has the right to enter three (3) Competitors in each individual category Ladies and Men.

Relay Entries

ISU Members entering a Relay Team can only enter a maximum of five (5) Competitors which will include all Competitors for both competitions: Individual and Relay.

In accordance with Rule 285, paragraph 2 d), only the eight (8) highest ranked Four Continents ISU Members, based on a special Relay Classification overall World Cup Competitions held in any of the Four Continents countries during the season 2019/20, can enter a Relay Team Ladies and/or Men in the respective category at the ISU Four Continents Short Track Speed Skating Championships 2020.

Special attention must be paid to Rule 286, paragraph 4 regarding the fact that the participation is known before the start of the last World Cup Competition held in any of the Four Continents countries during the season 2019/20.

Qualifying Times:

Entered Skaters (including substitutes) must have achieved applicable qualifying times over 500 meters, in accordance with ISU Communication No. 2285, paragraph 5.2, as follows:

	<u>Ladies</u>	<u>Men</u>
500 m	49,000	45,800

For a result to be a valid qualifying time, it must have been achieved in the period between July 1, 2018 and the final entry deadline specified in the paragraph "Entries" above.

Points and Classification

In accordance with Rule 295.

Titles and Medals

The winners of the Championships (according to Rule 133) will bear the title:

Four Continents Short Track Speed Skating Champion for 2020

or

Lady Four Continents Short Track Speed Skating Champion for 2020

Four Continents Short Track Speed Skating Relay Champions for 2020

or

Ladies Four Continents Short Track Speed Skating Relay Champions for 2020

Four Continents Short Track Speed Skating Champion 500/1000/1500 meters for 2020

or

Lady Four Continents Short Track Speed Skating Champion 500/1000/1500 meters for 2020

The Four Continents and Lady Four Continents Champions will receive the ISU gold medal. The Skaters placed second and third will receive the ISU silver and bronze medals respectively.

The Four Continents Short Track Speed Skating Relay Champions or Ladies Four Continents Short Track Speed Skating Relay Champions will receive the ISU gold medal. The second and third placed Relay Teams will receive the ISU silver and bronze medals respectively.

Prize money will be awarded in accordance with ISU Communication No 2218, or any further update of this Communication.

Team Officials Accreditations

For Teams entering 1 up to 6 Skaters

#	Function	Price	Accreditation Access
1	Team Leader	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Coach	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Doctor	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Physio	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Equipment Technician	Free	Blue – 1 – Field of Play & Full Access Athletes Area

Additional Team Officials

#	Function	Price	Accreditation Access
	Same as above	EUR (€) 50*	Blue – 2 – Dressing Rooms & Team Seats

For Teams entering 7 up to 12 Skaters

#	Function	Price	Accreditation Access
1	Team Leader	Free	Blue – 1 – Field of Play & Full Access Athletes Area
2	Coaches	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Doctor	Free	Blue – 1 – Field of Play & Full Access Athletes Area
2	Physios	Free	Blue – 1 – Field of Play & Full Access Athletes Area
2	Equipment Technicians	Free	Blue – 1 – Field of Play & Full Access Athletes Area
1	Team Video Specialist	Free	Blue – 2 – Athletes Lounge, Dressing Rooms & Team Seats

Additional Team Officials

#	Function	Price	Accreditation Access
	Same as above	EUR (€) 50*	Blue – 2 – Dressing Rooms & Team Seats

* or equivalent in any other currency. One-time fee per ISU Event, per person.

Ice Training

All practice sessions will take place at the Competition venue. The Organizing Committee will arrange free ice training on Thursday, January 9, 2020 for all participating teams. Extra practices will be provided from Monday January 6, 2020. Each training session 50 minutes will be charged 195CAD + taxes. If two or more teams agree to share one training session, both (all) of them can share the cost. Payment for additional practice ice time must

be paid in CAD to the Organizing Committee upon arrival. For practice ice time prior to the official practice, please inform the Organizing Committee using the attached form. Medical coverage will be provided for the official and additional practice sessions in accordance with Rule 140.

Anti-Doping

Anti-Doping tests will be carried out according to the ISU Anti-Doping Rules and ISU Anti-Doping Procedures, as given in the applicable ISU Communications (ISU Communications Nos. 2213 & 2243 or later updates).

Liability

In accordance with Rule 119 of the ISU General Regulations, the ISU, Speed Skating Canada and The Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection with the ISU Four Continents Short Track Speed Skating Championships 2020. Each ISU Member is solely responsible for providing insurance coverage thereto.

Accommodation and Meals

The Organizing Committee will provide accommodation and meals starting with lunch on Thursday January 9, 2020 until lunch on Monday January 13, 2020 (for those departing in the afternoon) for all participating Skaters, maximum five (5) Ladies and five (5) Men, plus one Team leader from each participating ISU Member. All teams arriving before Thursday January 9, 2020 or leaving after Monday January 13, 2020 or bringing in more than the officially designated number of participants will be responsible for their own costs and are kindly requested to settle the amount due on site, at the applicable rate, upon arrival.

Methods of payment: Cash in CAD, or Credit card; (Visa, Master Card, American Express) or Bank Transfer. All arrangements for accommodations must be made through the Organizing Committee.

Official Hotels

All Teams ***must make*** their reservation ***themselves*** and are responsible for the payment of all Skaters and team Officials except those indicated in the paragraph "Accommodation & Meal" that are for the account of the Organizing Committee.

Hotel requirement must be communicated to them as soon as possible, but ***no later*** than **December 20, 2019**. (Because of the holiday season, it would be very appreciated if this information can be provided sooner.)

Hotel Universel Montréal (600 meter from the Arena Maurice-Richard)

5000 rue Sherbrooke Est

Montréal (Québec) H1V 1A1

Canada (<http://hoteluniverselmontreal.com/>)

Toll Free : +1-800-567-0223

Fax : +1-514-253-9958

Ms. Yuening Song: ysong@hoteluniverselmontreal.com

The cost of a room (1 to 4 persons per room) at the **Hôtel Universel** hotel is as follows:

Standard (double) Room (per night): 147.00 + taxes (Lodging (3.5%) + TPS 5% + TVQ 9.975 %) =
172.50CAD

Superior (single) Room (per night): 157.00 + taxes (+ Lodging (3.5%) + TPS 5% + TVQ 9.975 %) =
186.83CAD

Prestige (single/double) Room (per night): 167.00 + taxes (Lodging (3.5%) + TPS 5% + TVQ 9.975 %) =
195.51CAD

*Payment: Cash; in CAD\$ or Credit card; (Visa, Master Card, American Express) or Bank Transfer

Cancellation policy: **Cancellation policy:** *Rooms will be 100% refundable if the room are cancelled before 23:59 (local time) December 20, 2020. Any cancelation after that date and time will not be refund.*

Meals & Drinks for both hotels

Breakfast: \$15.00 + taxes and services (TPS 5% + TVQ 9.975% + Services 15%) = 19.83CAD

Lunch: \$20.00 + taxes and services (TPS 5% + TVQ 9.975% + Services 15%) = 26.44CAD

Dinner: \$25.00 + taxes and services (TPS 5% + TVQ 9.975% + Services 15%) = 33.05CAD

In order to ensure that enough meals will be prepared, teams must fill the Meals Request Form and send it directly to the appropriate person no later than December 20, 2019. (Because of the holiday season, it would be very appreciated if this information can be provided sooner.)

Transportation

The Organizing Committee will provide free transportation for all participants between Montréal Pierre-Elliott Trudeau International Airport (YUL) and the official hotels, from Monday, January 6, 2020 to Monday, January 13, 2020. Participants arriving and departing from other airport(s) or train/bus stations will be responsible for the transport costs. Expenses for team officials, who do not accompany their team members, are to be borne by themselves 50.00 CAD\$ per person.

The Organizing Committee will also provide free transportation for all participants between the official hotel and Maurice-Richard Arena during the competition days and the training periods, starting from Monday January 6, 2020. The date, airline, flight number, expected time of arrival and the date and time of departure should be communicated to the Organizing Committee as soon as possible, but no later than **December 20, 2019**. Please include the amount of special equipment (e.g. bicycles, massage tables, etc.) that needs to be transported. (Because of the holiday season, it would be very appreciated if this information can be provided sooner.)

Medical Insurance

It is the sole responsibility of each ISU Member participating in an ISU Event (as defined in Rule 107), to provide medical insurance for their Skaters. Proof of such can be requested by the Organizing Committee.

Entry Visa Requirements

Should you need assistance to obtain a Canadian entry visa or require a specific letter of invitation, please contact the Organizing Committee.

Media Accreditation

Media accreditation requests for ISU Championships must be submitted via the ISU Online Media Accreditation System <https://www.isu.org/media-centre/accreditations/media>

Information for the media will be available on the [ISU website](#) in due time.

For further information contact the OC Press Officer:

François Hamelin

(514) 260-4011

medias@courtepiste.ca

The Organizing Committee

All entries, hotel reservation and media accreditation requests, as well as other inquiries should be addressed as soon as possible to:

Four Continents Short Track Speed Skating Championships® 2020

2800, Viau Street,

Montréal (Québec) H1V 3J3, Canada

+1-514-894-3186

Organizing Committee

Anick Laprise, countryservices@courtepiste.ca

Website

All information concerning the competition will be available at the following Event website:

www.courtepiste.ca

Live results will be available at the following website:

www.isu.org

ISU “Inside Events” mobile application

Daily information, results and changes in schedules (race, training, transportation, etc.) will be communicated to the teams on the board of the Team Hotel as well as on the ISU “Inside Events” mobile application.

This mobile application makes the information delivery faster, contains all relevant information for participants, reduce paper needs and notify participants in case of any changes or urgencies through push notification possibilities.

The “Inside Events” app is available free of charge on Android and Apple systems and is compatible with both tablets and smartphones. It can be downloaded with the below QR codes or directly on the app stores.

Each ISU Event will have its own unique password that will be provided on site to participating Athletes, Officials, and Team Delegations.



QR Apple



QR Google