



# FSAT MOVES IN THE FIELD TEST 2021

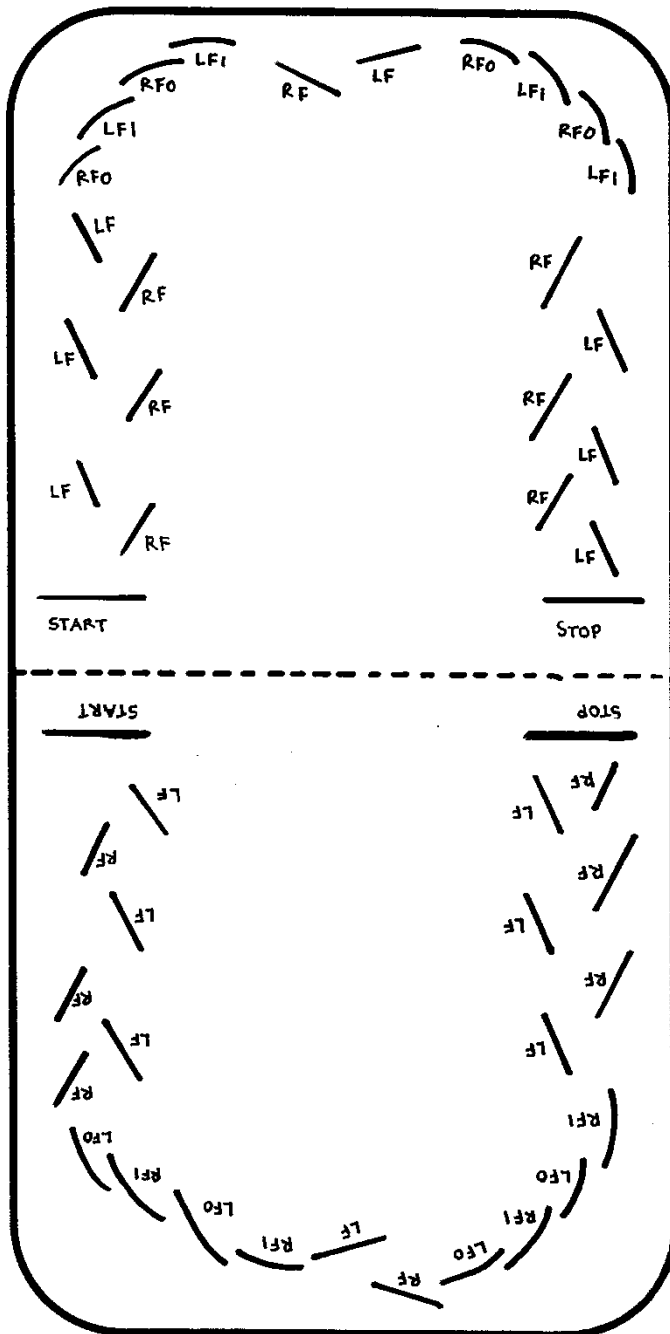
## Level 1 Moves in the Field

(Half Ice)

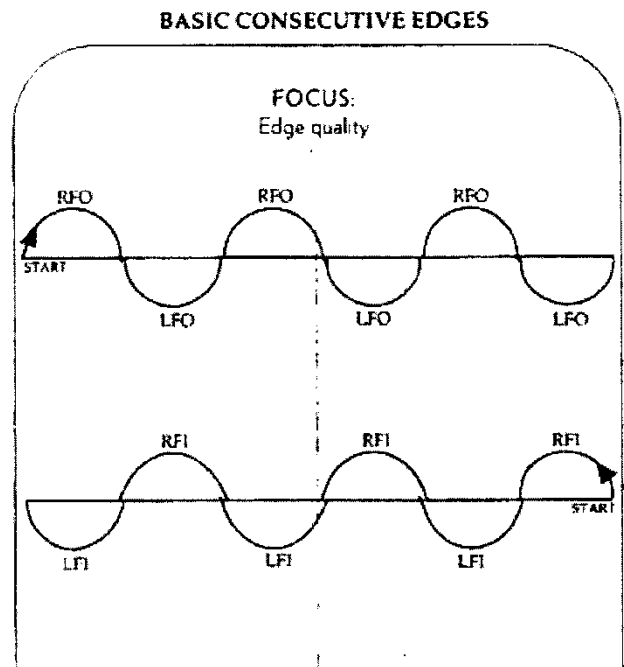
### Skills required:

- Forward Skating
- Forward Crossovers
- Forward Edges

Level 1 (A)



Level 1 (B)





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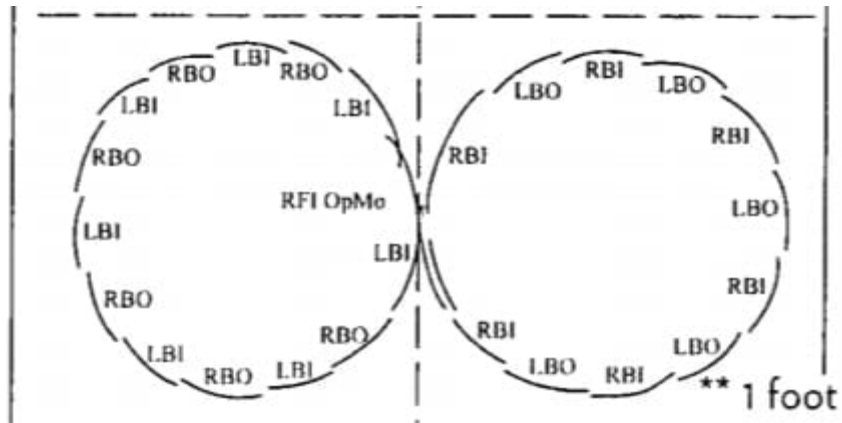
## Level 2 Moves in the Field

(Half Ice)

### Skills required:

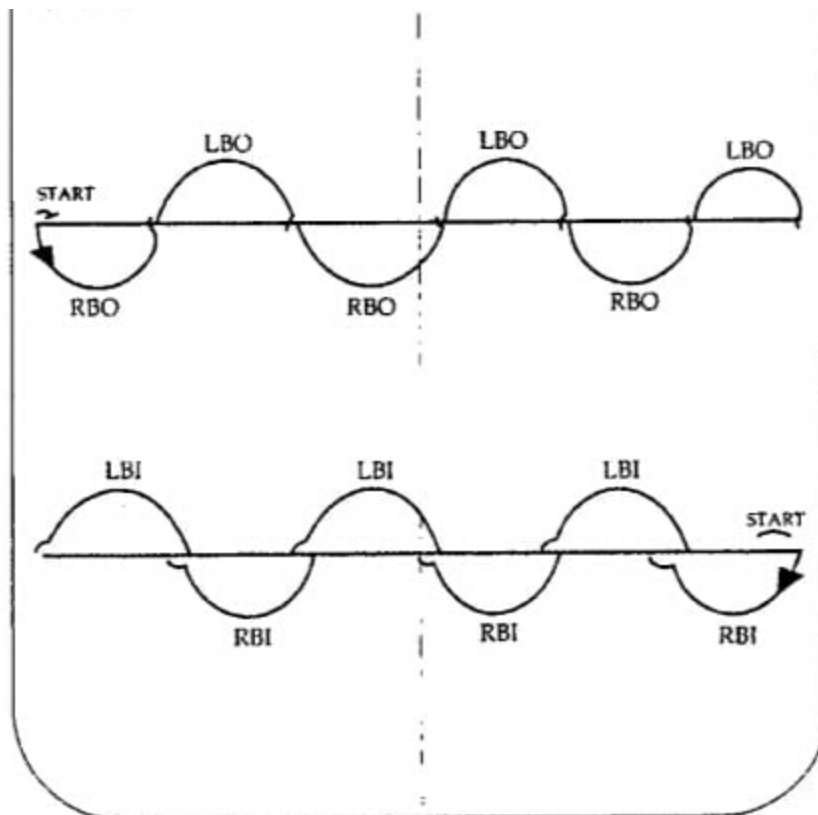
- Backward Skating & Crossovers
- Backward edges

### Level 2 (A)



Remark: Figure 8 backward crossovers (4 to 6 crossovers per circle)

### Level 2 (B)





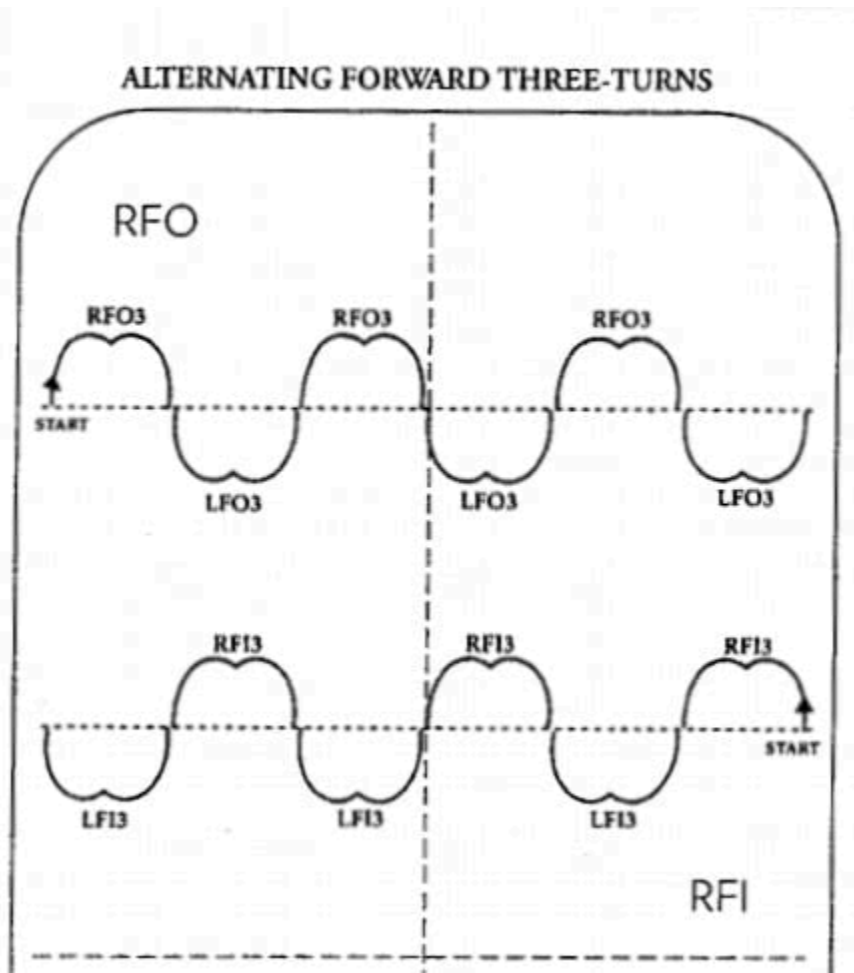
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## Level 3 Moves in the Field

(Half Ice)

**Skills required:**

- Three Turns







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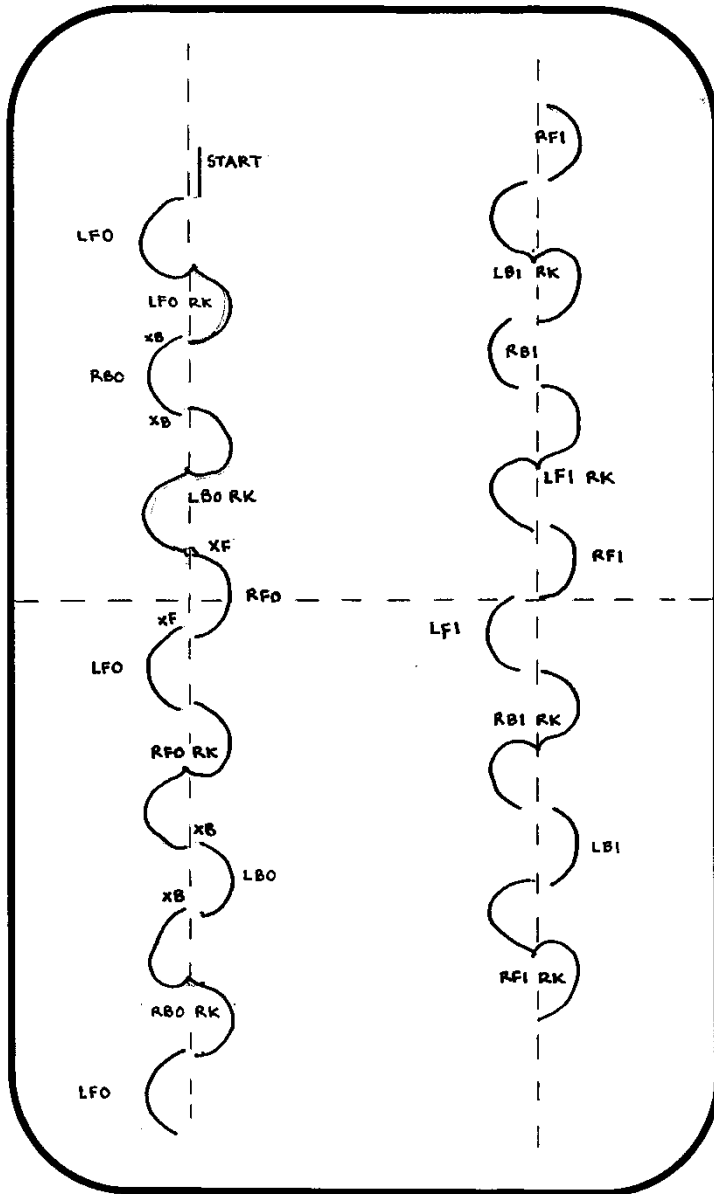
## Level 5 (Basic Novice) Moves in the Field

### Difficult turns:

- Rockers
- Twizzles

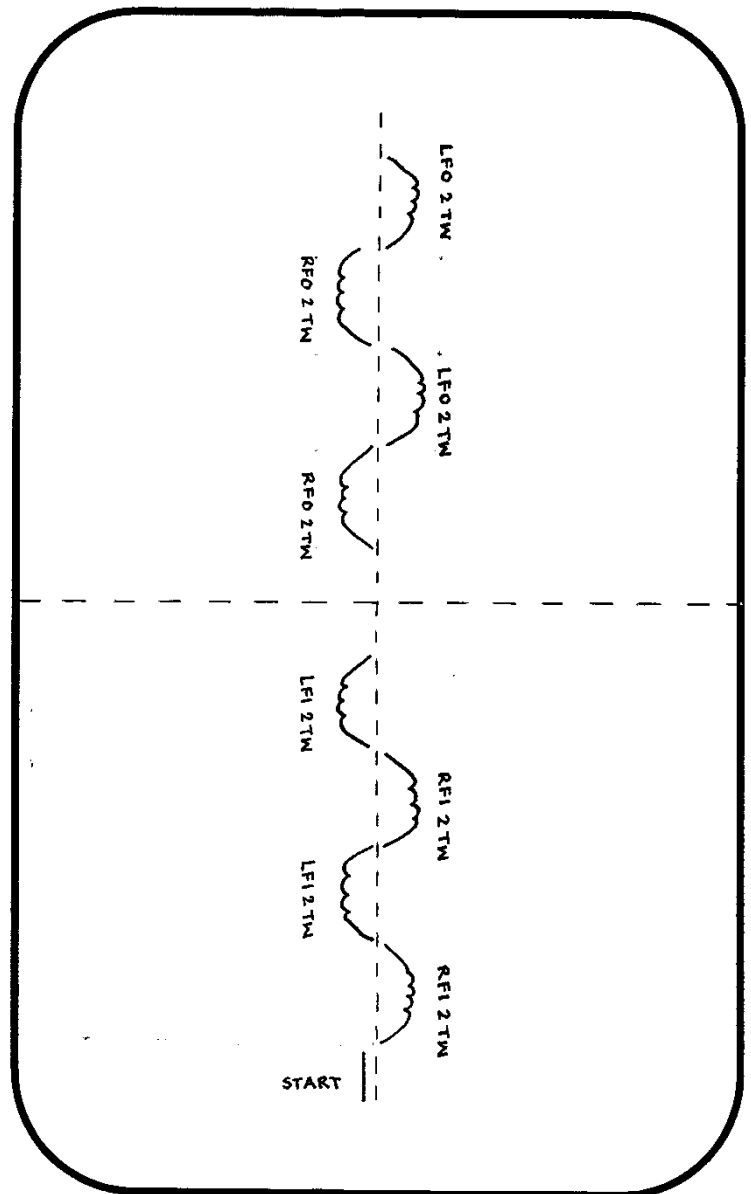
### Level 5 (A)

#### ROCKERS



### Level 5 (B)

#### TWIZZLES





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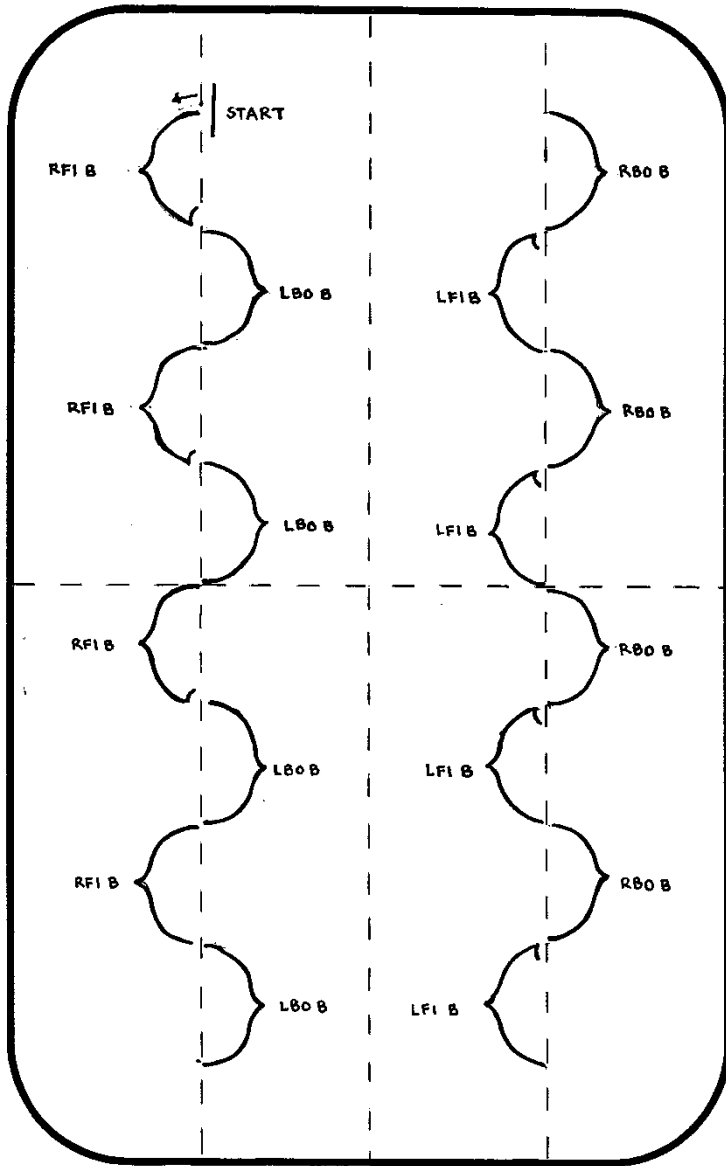
## Level 6 (Intermediate Novice) Moves in the Field

### Difficult turns:

- Brackets
- Loops (Forward outside & Backward inside)

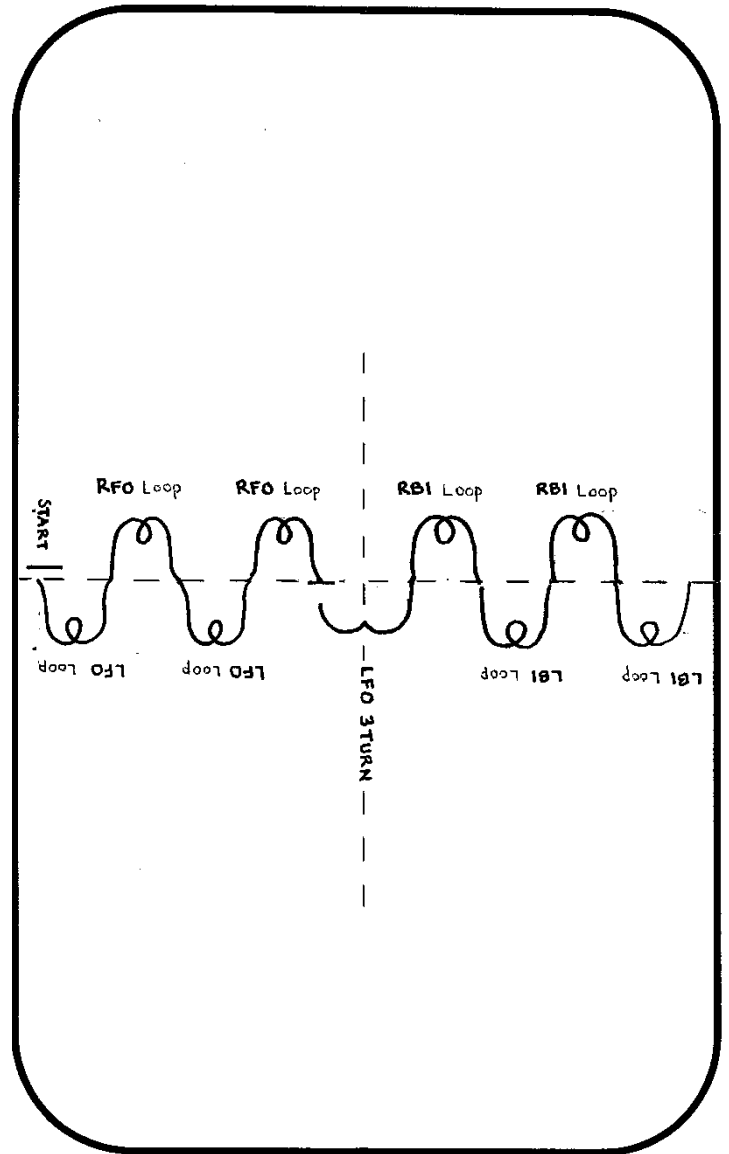
### Level 6 (A)

#### BRACKETS



### Level 6 (B)

#### LOOPS







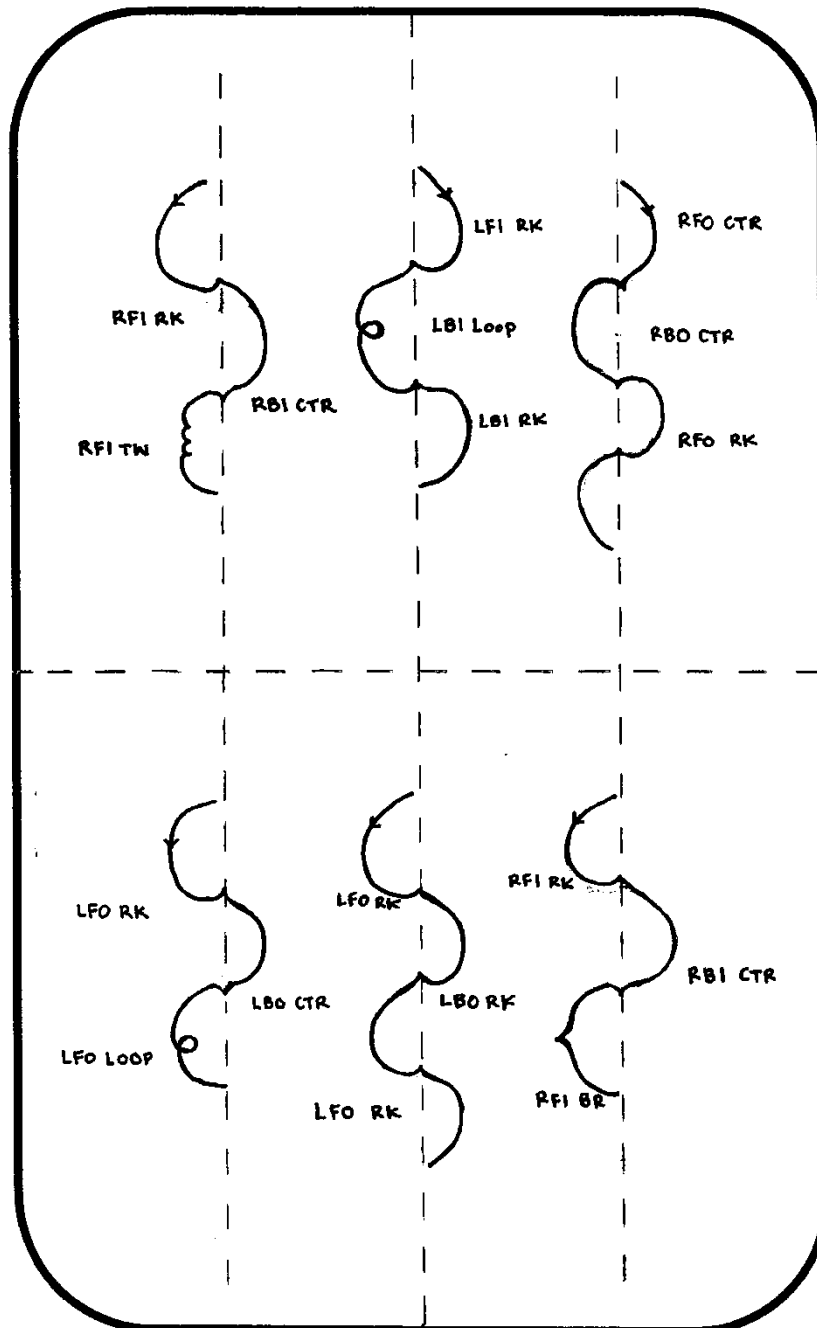
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## Level 8 (Junior) Moves in the Field

**Requirement:** Skaters must perform two combinations of 3 difficult turns on each foot\* executed with continuous flow within the sequence.

หมายเหตุ: Cluster ขาละสองแบบ รวมเป็น 4 cluster เมื่อทำต่อเนื่องจะมี difficult turns รวมเป็น 12 turn (แม้จะซ้ำกัน) ทำให้มีความยาวเทียบเท่า step หนึ่ง pattern

ตัวอย่าง Cluster แบบต่างๆ





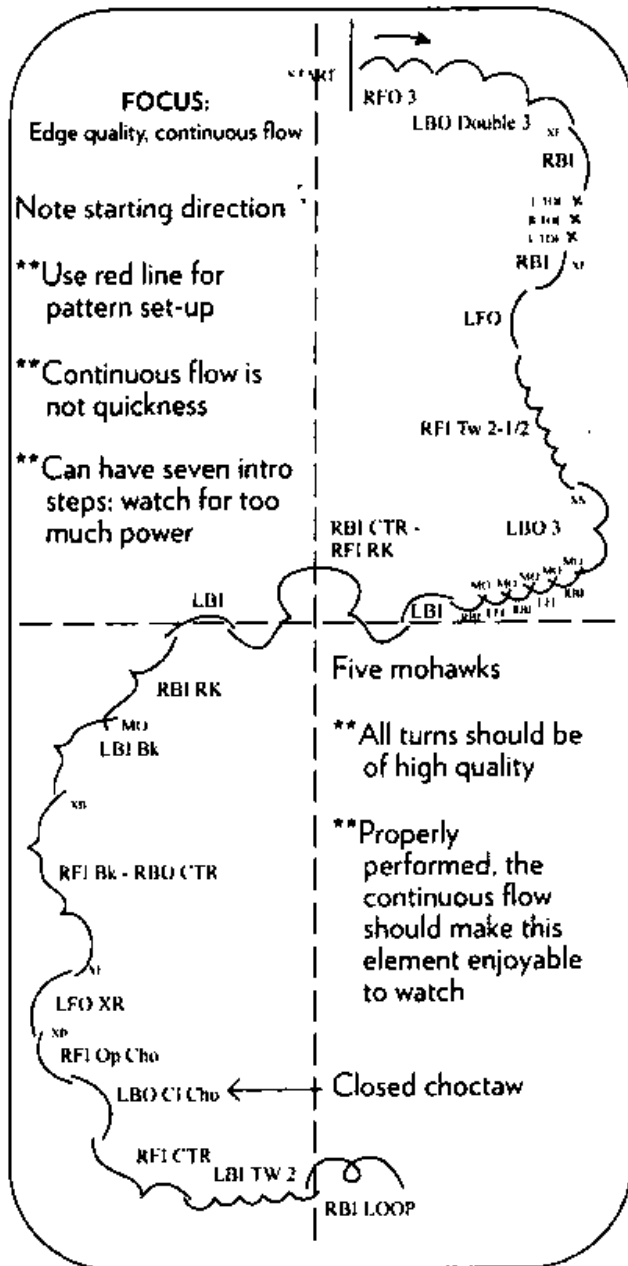


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## Level 9 (Senior) Moves in the Field

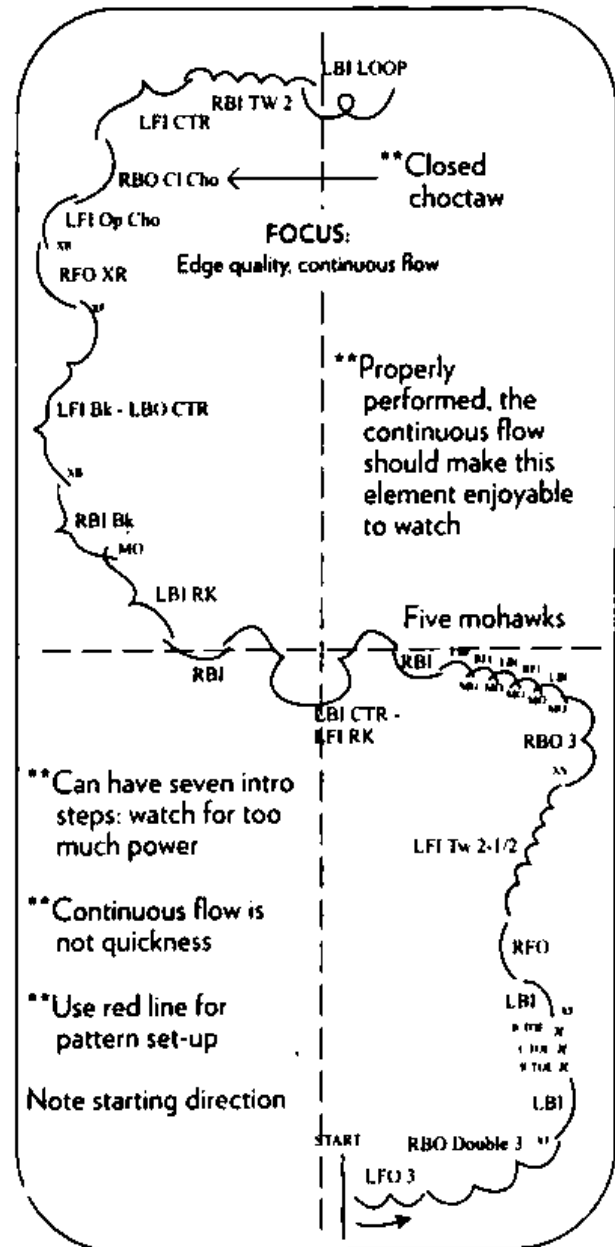
**Requirement:** Skaters must perform one of the two patterns. (Step sequences that contain all the difficult turns and steps)

**SERPENTINE STEP SEQUENCE - A**



\*\*Cover full length of ice

**SERPENTINE STEP SEQUENCE - B**



\*\*Cover full length of ice