



SCHEDULE ISU International Developmental Coaches Seminar 2019, Bangkok

During June 26-28, 2019



AT 6th Floor, Imperial World Samrong & 5th Floor, IWIS International Training Center

Date June 26, 2019

Time	Place	Subject	Moderator
9.00 - 9.30	6th Floor, Imperial World Samrong	Registration	
9.30 - 12.30	6th Floor, Imperial World Samrong	IJS updated on GOE	Ms. Yukiko Okabe
12.30 - 13.30	Lunch Break		
14.00 - 15.30	IWIS International Training Center	G.2 Skating skills & Double jumps	Mr. Mark Mitchell Mr. Peter Johansson
	6th Floor, Imperial World Samrong	G.1 General Off -ice for training & competitions	Ms. Kat Arbour
16.00 - 17.30	IWIS International Training Center	G.1 Skating skills & Double Axels	Mr. Mark Mitchell Mr. Peter Johansson
	6th Floor, Imperial World Samrong	G.2 General Off -ice for training & competitions	Ms. Kat Arbour
18.30- 20.00	IWIS International Training Center	G.2 Introducing Double Axel	Mr. Mark Mitchell
			Mr. Peter Johansson



SCHEDULE ISU International Developmental Coaches Seminar 2019, Bangkok

During June 26-28, 2019



AT 6th Floor, Imperial World Samrong & 5th Floor, IWIS International Training Center

Date June 27, 2019

Time	Place	Subject	Moderator
9.00 - 9.30	6th Floor, Imperial World Samrong	Registration	
9.30 - 12.30	6th Floor, Imperial World Samrong	IJS updated on Levels	Ms. Yukiko Okabe
12.30 - 13.30	Lunch Break		
14.00 - 15.30	IWIS International Training Center	G.1 Introducing triple jumps	Mr. Mark Mitchell Mr. Peter Johansson
	6th Floor, Imperial World Samrong	G.2 Jumps specific off - ice exercises	Ms. Kat Arbour
16.00 - 17.30	IWIS International Training Center	G.2 Spins	Mr. Mark Mitchell Mr. Peter Johansson
	6th Floor, Imperial World Samrong	G.1 Jumps specific off - ice exercises	Ms. Kat Arbour
18.30- 20.00	IWIS International Training Center	G.1 Spins	Mr. Mark Mitchell
			Mr. Peter Johansson



SCHEDULE ISU International Developmental Coaches Seminar 2019, Bangkok

During June 26-28, 2019



AT 6th Floor, Imperial World Samrong & 5th Floor, IWIS International Training Center

Date June 28, 2019

Time	Place	Subject	Moderator
9.00 - 9.30	6th Floor, Imperial World Samrong	Registration	
9.30 - 12.30	6th Floor, Imperial World Samrong	Component score	Ms. Yukiko Okabe
12.30 - 13.30	Lunch Break		
14.00 - 16.00	IWIS International Training Center	G.2 Skating skills and Choreography	Mr. Mark Mitchell Mr. Peter Johansson
14.00 - 15.30	6th Floor, Imperial World Samrong	G.1 Proper Stretching & Conditioning	Ms. Kat Arbour
16.30 - 18.30	IWIS International Training Center	G.1 Skating skills and Choreography	Mr. Mark Mitchell Mr. Peter Johansson
16.30 - 18.00	6th Floor, Imperial World Samrong	G.2 Proper Stretching & Conditioning	Ms. Kat Arbour
18.30- 20.00	6th Floor, Imperial World Samrong	Certification Ceremony	

Noted that the schedule might be changed depending on the situation.