



SCHEDULE ISU International Developmental Coaches Seminar 2019, Bangkok

During June 26-28, 2019

AT 6th Floor, Imperial World Samrong & 5th Floor, IWIS International Training Center

Date June 26, 2019

Time	Place	Subject	Moderator
9.00 - 9.30	6th Floor, Imperial World Samrong	Registration	
9.30 - 10.45	6th Floor, Imperial World Samrong	IIS updated on GOE	Ms. Yukiko Okabe
10.45 - 11.00	Break		
11.00 - 12.30	6th Floor, Imperial World Samrong	IIS updated on GOE	Ms. Yukiko Okabe
12.30 - 13.30	Lunch		
14.00 - 15.30	IWIS International Training Center	G.3 & G.4 Skating skills & Double jumps	Mr. Mark Mitchell Mr. Peter Johansson
	6th Floor, Imperial World Samrong	G.1 & G.2 General Off -ice for training & competitions	Ms. Kat Arbour
15.30 - 16.00	Break		
16.00 - 17.30	IWIS International Training Center	G.1 & G.2 Skating skills & Double Axels	Mr. Mark Mitchell Mr. Peter Johansson
	6th Floor, Imperial World Samrong	G.3 & G.4 General Off -ice for training & competitions	Ms. Kat Arbour
17.30 - 18.30	Dinner		
18.30 - 19.15	IWIS International Training Center	G.3 Introducing Double Axel	Mr. Mark Mitchell
19.15 - 20.00		G.4 Introducing Double Axel	Mr. Peter Johansson



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Date June 27, 2019

Time	Place	Subject	Moderator
9.00 - 9.30	6th Floor, Imperial World Samrong	Registration	
9.30 - 10.45	6th Floor, Imperial World Samrong	IIS updated on Levels	Ms. Yukiko Okabe
10.45 - 11.00	Break		
11.00 - 12.30	6th Floor, Imperial World Samrong	IIS updated on Levels	Ms. Yukiko Okabe
12.30 - 13.30	Lunch		
14.00 - 14.45	IWIS International Training Center	G.1 Introducing triple jumps	Mr. Mark Mitchell
14.45 - 15.30		G.2 Introducing triple jumps	Mr. Peter Johansson
14.00 - 15.30	6th Floor, Imperial World Samrong	G.3 & G.4 Proper Stretching / conditioning	Ms. Kat Arbour
15.30 - 16.00	Break		
16.00 - 17.30	IWIS International Training Center	G.3 & G.4 Spins & Jump combination	Mr. Mark Mitchell Mr. Peter Johansson
16.00 - 17.30	6th Floor, Imperial World Samrong	G.1 & G.2 Proper Stretching / conditioning	Ms. Kat Arbour
17.30 - 18.30	Dinner		
18.30 - 20.00	IWIS International Training Center	G.1 & G.2 Spins & Jump combination	Mr. Mark Mitchell Mr. Peter Johansson



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Date June 28, 2019

Time	Place	Subject	Moderator
9.00 - 9.30	6th Floor, Imperial World Samrong	Registration	
9.30 - 12.30	6th Floor, Imperial World Samrong	Component score	Ms. Yukiko Okabe
10.45 - 11.00	Break		
11.00 - 12.30	6th Floor, Imperial World Samrong	Component score	Ms. Yukiko Okabe
12.30 - 13.30	Lunch		
14.00 - 15.30	IWIS International Training Center	G.3 & G.4 Skating skills and Choreography	Mr. Mark Mitchell
14.00 - 15.30	6th Floor, Imperial World Samrong	G.1 & G.2 Off ice jump specific exercises	Ms. Kat Arbour Mr. Peter Johansson
15.30 - 16.00	Break		
16.00 - 17.30	IWIS International Training Center	G.1 & G.2 Skating skills and Choreography	Mr. Mark Mitchell
16.00 - 17.30	6th Floor, Imperial World Samrong	G.3 & G.4 Off ice jump specific exercises	Ms. Kat Arbour Mr. Peter Johansson
17.30 - 18.30	Dinner		
18.30 - 19.00	6th Floor, Imperial World Samrong	Q & A with moderators	Mark / Petert / Kat
19.00 - 20.00	6th Floor, Imperial World Samrong	Certification Ceremony	