



## SCHEDULE 2017 Figure Skating Coaching Seminar and Qualification

During June 8-10, 2017

AT 6th Floor, Imperial World Samrong & 5th Floor, Imperial World Ice Skating (IWIS)



Date June 8, 2017

Time	Place	Subject	Moderator
08.00 - 09.00	6th Floor, Imperial World Samrong	Register	
09.00 - 09.15	6th Floor, Imperial World Samrong	Welcome Presentation of the moderators	Mrs. Suwanna Silpa-archa FSAT President
09.15 - 10.15	6th Floor, Imperial World Samrong	GOE	Mr. Fabio Bianchetti
10.15 - 11.15	6th Floor, Imperial World Samrong	Method of Coaching	Ms. Franca Bianconi
11.15 - 12.30	6th Floor, Imperial World Samrong	Analysis of video of elements and programs	Mr. Fabio Bianchetti / Ms. Franca Bianconi
12.30 - 13.15	Lunch break		
13.15 - 15.15	Ice Rink IWIS	Basic elements of skating Steps, turn	Ms. Franca Bianconi
15.30 - 16.30	6th Floor, Imperial World Samrong	Levels	Mr. Fabio Bianchetti
16.45 - 18.00	Ice Rink IWIS	Basic for the Double jumps, Combinations and Sequences	Ms. Franca Bianconi

Date June 9, 2017

Time	Place	Subject	Moderator
08.00 - 09.00	6th Floor, Imperial World Samrong	Register	
09.00 - 10.30	6th Floor, Imperial World Samrong	Analysis of video of elements and programs	Mr. Fabio Bianchetti / Ms. Franca Bianconi
10.30 - 11.45	6th Floor, Imperial World Samrong	Written exam	Mr. Fabio Bianchetti / Ms. Franca Bianconi
12.00 - 13.30	Ice Rink IWIS	Spin in one position (upright, sit, camel), flying spin (flying camel, flying sit, butterfly), combo spin	Ms. Franca Bianconi
13.30 - 14.30	Lunch break		
14.45 - 17.00	6th Floor, Imperial World Samrong	Sports Science / Sports Psychology	Ms. Dolhathai Thongtanunam

Date June 10, 2017

Time	Place	Subject	Moderator
08.00 - 09.00	6th Floor, Imperial World Samrong	Register	
09.00 - 10.00	6th Floor, Imperial World Samrong	Analysis of video of elements and programs	Mr. Fabio Bianchetti / Ms. Franca Bianconi
10.15 - 11.30	Ice Rink IWIS	Double Axel and triple, training methodology	Ms. Franca Bianconi
11.45 - 13.00	6th Floor, Imperial World Samrong	Components	Mr. Fabio Bianchetti
13.00 - 13.45	Lunch break		
13.45 - 16.00	Ice Rink IWIS	Practical Exam	Ms. Franca Bianconi
16.15 - 16.45	6th Floor, Imperial World Samrong	Question & Answer	Mr. Fabio Bianchetti / Ms. Franca Bianconi
16.45 - 17.00	6th Floor, Imperial World Samrong	Conclusion of the seminar	Mrs. Suwanna Silpa-archa FSAT President