



## Figure & Speed Skating Association of Thailand

is delighted to extend our invitation to you to participate in

### International Figure Skating Seminar for Coaches & Skaters Bangkok 2024



The seminar will take place during 8-11 May 2024 at IWIS International Training Center - ISU Center of Excellence, Bangkok, Thailand.

As part of the ISU Development Project, this seminar is aimed to provide the participants with effective figure skating techniques and artistry to develop their skills and performance as well as enhance their understanding of rules and regulations for Single Skating to maximize their program scores.

Brian Orser, the world famous coach and recently the winner of ISU lifetime Achievement Award, and Tracy Wilson who has been a coach of several Worlds and Olympic Champions will lead the seminar for on-ice and off-ice parts. They will be assisted by their demonstrators Boyang Jin (CHN) and Corey Circelli (ITA). Yukiko Okabe, an ISU Technical Committee Member with extensive experience on the Rules and Regulations, will lead the interactive lecture session.

We welcome all coaches and skaters from Novice to Senior level. Each ISU Member may nominate up to 6 coach & skater partnerships. The participation fee is **6,500 THB/person** (4-day seminar, lunch and snacks provided). After the payment deadline, ISU Members who request to nominate more than 6 coach & skater partnerships will be contacted if there are quotas available. Participants in the seminar are encouraged to participate in "Thailand Open Figure Skating Trophy 2024" during 3-6 May 2024 at IWIS International Training Center.

The registration must be done by the respective ISU Members. Please submit the registration form for ISU Members by email at [fsat@windowslive.com](mailto:fsat@windowslive.com) and make an individual registration for each participant through <https://forms.gle/kBHb1WV1o22ggrR49> no later than 15 March 2024. Payment deadline is 29 March 2024.

Should you require any further information, please do not hesitate to contact us.

We look forward to welcoming you to our seminar and competition in Thailand.

## Participation Criteria

Each federation may send up to six (6) coach/skater partnerships

### Skaters:

- Up to **six** skaters per country, accompanied by their own coach.
- Must have reached the age of at least 10 yrs. by 1<sup>st</sup> May 2024 Skaters may only participate with their coach.
- Skaters selected by the ISU Member should have shown a significant improvement in their skill level in the last twelve months.
- Skater should be in Novice, Junior and Senior categories

### Skill level guidelines for skaters:

The **minimum skill level** for any skater joining the seminar with their coach:

- Skaters should be able to execute all double jumps and are working on the double axel.
- Skaters should be able to execute three spinning positions on both feet. (Upright, Camel and Sit positions)
- Skaters should be able to execute all difficult turns and step on both feet (Twizzles, Bracket, Counter, Rocker, Loop and Choctaw)

### Coaches:

- Up to **six** coaches per country, each of whom will accompany their own participating skater(s).
- Coaches must be interested in and able to contribute to the material in accordance with the goal of the project.
- English will be the language used throughout the seminar.
- The coaches should be committed to developing their coaching skills and who have skaters that fall into the categories above.
- The coaches should have experience in coaching international level skater/s.

Federations select their own participants according to the participation criteria of the project. After the payment deadline, any available places will be filled by agreement between the participating countries and the organizing team.

## **Location**

On-ice and off-ice: IWIS International Training Center - ISU Center of Excellence  
Imperial World Samrong Floor 5, 999 Moo.1 Sukhumvit Rd, Samrong Nua  
Muang Samutprakarn Samutprakarn 10270 Thailand

Lecture: Blue Hippo & Red Crocodile Hotel by Koon  
995 Sukhumvit 107, Samrong Nuea, Mueang Samut Prakan District,  
Samut Prakan 10270

*\*\*OC will provide the shuttle from the ice rink to the hotel for all participants during the seminar.*

## **Accommodation**

Participants are to cover their own travel and hotel arrangement. There is no official hotel for the event. Suggested hotel as listed;

1. Blue Hippo & Red Crocodile Hotel by Koon (hotel for seminar)  
995 Sukhumvit 107, Samrong Nuea, Mueang Samut Prakan District, Samut Prakan  
10270
2. Marigold Sukhumvit Hotel (walking distance to the rink)  
2009, Bearing 4 Aly, Samrong Nuea, Mueang Samut Prakan District, Samut Prakan  
10270
3. Avani Sukhumvit Bangkok (easy access to skytrain station - Onnut)  
2089 Sukhumvit Rd, Prakanong Nua Watthana, Bangkok 10260
4. Wellness Stay & Hotel (walking distance to skytrain station - Bearing)  
Sukhumvit 107 Rd., Mueang Samut Prakan, Samut Prakan 10270